

October 2026

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1 9:00 Morning Coffee 10:15 Catholic Mass 2:00 Wii Bowling 3:30 Blackhawk Bethlehem Church	2 9:00 Morning Coffee 8:30 Sit & Be Fit Chair Exercise CD 9:30 Chair Yoga 1:00 Canasta, Chickenfoot & Other Games	3 9:00 Morning Coffee
4 12:00 Packers vs Tampa Bay (FOX)	5 9:00 Morning Coffee 8:30 Sit & Be Fit Chair Exercise CD 9:30 Chair Yoga 1:00 Games	6 9:00 Morning Coffee 1:00 Trivia	7 9:00 Morning Coffee 8:30 Sit & Be Fit Chair Exercise CD 9:30 Chair Yoga **10:35-Pizza Ranch** 1:00 Rummikub	8 9:00 Morning Coffee 10:15 Catholic Communion 2:00 Wii Bowling 3:30 St John's Luther Church	9 9:00 Morning Coffee 8:30 Sit & Be Fit Chair Exercise CD 9:30 Chair Yoga 1:00 Canasta, Chickenfoot & Other Games	10 9:00 Morning Coffee
11 3:25 Packers vs Bears (FOX)	12 9:00 Morning Coffee 8:30 Sit & Be Fit Chair Exercise CD 9:30 Chair Yoga 1:00 Games	13 9:00 Morning Coffee 8:30 Wellness Clinic 1:00 Left, Right, Center 2:30 Birthday Celebrations	14 9:00 Morning Coffee 8:30 Sit & Be Fit Chair Exercise CD 9:30 Chair Yoga 1:00 Rummikub	15 9:00 Morning Coffee 10:15 Catholic Communion 1:00 Julie Bingo 2:00 Wii Bowling 3:30 Calvary Baptist Church	16 9:00 Morning Coffee 8:30 Sit & Be Fit Chair Exercise CD 9:30 Chair Yoga 1:00 Canasta, Chickenfoot & Other Games	17 9:00 Morning Coffee
18 7:20 Packers vs Dallas Cowboys (NBC)	19 9:00 Morning Coffee 8:30 Sit & Be Fit Chair Exercise CD 9:30 Chair Yoga 1:00 Games	20 9:00 Morning Coffee **1:00 Fall Ride with Stop at Ski-Hi**	21 9:00 Morning Coffee 8:30 Sit & Be Fit Chair Exercise CD 9:30 Chair Yoga **10:15 Catholic Communion** 1:00 Rumikub	22 9:00 Morning Coffee **9:00 Flu Clinic** 2:00 Blood Drive 3:30 St John's Lutheran Church	23 9:00 Morning Coffee 8:30 Sit & Be Fit Chair Exercise CD 9:30 Chair Yoga 1:00 Canasta, Chickenfoot & Other Games	24 9:00 Morning Coffee
25 3:25 Packers vs Detroit Lions (FOX)	26 9:00 Morning Coffee 8:30 Sit & Be Fit Chair Exercise CD 9:30 Chair Yoga 1:00 Games	27 9:00 Morning Coffee 1:00 Euchrre	28 9:00 Morning Coffee 8:30 Sit & Be Fit Chair Exercise CD 9:00 Bible Study w/ Julie 9:30 Chair Yoga 1:00 Rummikub	29 9:00 Morning Coffee 10:15 Catholic Communion 2:00 Wii Bowling No Church Service Today	30 9:00 Morning Coffee 8:30 Sit & Be Fit Chair Exercise CD 9:30 Chair Yoga **2:00 Halloween Happy Hour**	31 9:00 Morning Coffee Halloween