

Sun

Mon

Tue

Wed

Thu

Fri

Sat

August

Kelly will be on vacation Aug 10-14

2	3	4	5	6	7	8
	9:00 Morning Coffee 8:30 Sit & Be Fit Chair Exercise CD 9:30 Chair Yoga DVD 1:00 Games	9:00 Fire Alarm Testing 9:00 Morning Coffee 1:00 Trivia 2:30 Birthday Celebrations	9:00 Morning Coffee 8:30 Sit & Be Fit Chair Exercise CD 9:30 Chair Yoga DVD 1:00 Rummikub 3:00 Bible Study w/Joyce	9:00 Morning Coffee 10:05 Catholic Communion 1:00 Chair Wii Bowling 2:00 Wii Bowling 2:30 Rootbeer Floats 3:30 Blackhawk Bethlehem Church	9:00 Coffee w/ Pastry 8:30 Sit & Be Fit Chair Exercise CD 9:30 Chair Yoga DVD 1:00 Canasta & Other Games	9:00 Morning Coffee
9	10	11	12	13	14	15
	9:00 Morning Coffee 8:30 Sit & Be Fit Chair Exercise CD 9:30 Chair Yoga DVD 1:00 Games	9:00 Morning Coffee 1:00 Euchre	9:00 Morning Coffee *9:15 Peek --A--Boo Daycare Music 8:30 Sit & Be Fit Chair Exercise CD 9:30 Chair Yoga DVD 1:00 Rummikub 3:00 Bible Study w/Joyce	9:00 Morning Coffee 10:05 Catholic Communion ***1:00 Julie Bingo 2:00 Wii Bowling 3:30 St John's Lutheran Church	9:00 Coffee w/ Pastry 8:30 Sit & Be Fit Chair Exercise CD 9:30 Chair Yoga DVD 1:00 Canasta & Other Games	9:00 Morning Coffee
16	17	18	19	20	21	22
	9:00 Morning Coffee 8:30 Sit & Be Fit Chair Exercise CD 9:30 Chair Yoga DVD 1:00 Games	9:00 Morning Coffee 1:00 Chair Wii Bowling 2:00 Wii Bowling will be Tuesday, due to the Blood Drive.	9:00 Morning Coffee 8:30 Sit & Be Fit Chair Exercise CD 9:30 Chair Yoga DVD 1:00 Rummikub 3:00 Bible Study w/Joyce	9:00 Morning Coffee 10:05 Catholic Communion 2-6 Blood Drive 3:30 Calvary Baptist Church	9:00 Coffee w/ Pastry 8:30 Sit & Be Fit Chair Exercise CD 9:30 Chair Yoga DVD 1:00 Canasta & Other Games 4:00 Pine Glen Summer Party	9:00 Morning Coffee
23	24	25	26	27	28	29
	9:00 Morning Coffee 8:30 Sit & Be Fit Chair Exercise CD 9:30 Chair Yoga DVD 1:00 Games	9:00 Morning Coffee **10:45 6:8 Café-Out to Lunch 1:00 Left, Right, Center 2:30 Happy Hour	9:00 Morning Coffee 8:30 Sit & Be Fit Chair Exercise CD 9:00 Bible Study w/ Julie 9:30 Chair Yoga DVD 1:00 Rummikub 3:00 Bible Study w/Joyce	9:00 Morning Coffee 10:05 Catholic Communion 1:00 Chair Wii Bowling 2:00 Wii Bowling 3:30 St John's Lutheran Church	9:00 Coffee w/ Pastry 8:30 Sit & Be Fit Chair Exercise CD 9:30 Chair Yoga DVD 1:00 Canasta & Other Games	9:00 Morning Coffee
30	31					
	9:00 Morning Coffee 8:30 Sit & Be Fit Chair Exercise CD 9:30 Chair Yoga DVD 1:00 Games					