

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1 9:00 Morning Coffee 8:30 Sit & Be Fit Chair Exercise CD 9:30 Chair Yoga DVD 1:00 Games	2 9:00 Morning Coffee 1:00 Trivia	3 9:00 Fire Alarm Testing 9:00 Morning Coffee *8:30 Exercise Class with Karen 9:30 Chair Yoga DVD 1:00 Rummikub 3:30 Women's Bible Study	4 *8:45 WALMART 9:00 Morning Coffee 10:00 Catholic Mass 2:00 Wii Bowling	5 9:00 Morning Coffee w/ Pastry 8:30 Sit & Be Fit Chair Exercise CD 9:30 Chair Yoga DVD 1:00 Canasta & Chickenfoot	6 9:00 Morning Coffee 3:00 Badgers vs Middle Tennessee State (FS1)
7 3:25 Packers vs Detroit (CBS)	8 9:00 Morning Coffee 8:30 Sit & Be Fit Chair Exercise CD 9:30 Chair Yoga DVD 1:00 Games	9 9:00 Morning Coffee 8:30 Wellness Clinic 2:00 Birthday Celebrations for August / September	10 *9:05 SENIOR MOVIE 9:00 Morning Coffee 8:30 Sit & Be Fit Chair Exercise CD 9:30 Chair Yoga DVD 1:00 Rummikub 3:30 Women's Bible Study	11 WEAR GREEN AND GOLD 9:00 Morning Coffee 10:00 Catholic Communion ****10:30 Curly Lambeau Performance 2:00 Wii Bowling 3:30 St John's Lutheran 6:00 Packer Tailgate 7:15 Game on Prime Video	12 9:00 Morning Coffee w/ Pastry 8:30 Sit & Be Fit Chair Exercise CD 9:30 Chair Yoga DVD 1:00 Canasta & Chickenfoot	13 9:00 Morning Coffee 11:00 Badgers vs Alabama (ESPN or ABC)
14	15 9:00 Morning Coffee 8:30 Sit & Be Fit Chair Exercise CD 9:30 Chair Yoga DVD 1:00 Games	16 9:00 Morning Coffee *3:00 PONTOON BOAT RIDE W/ DAVID	17 9:00 Morning Coffee 8:30 Sit & Be Fit Chair Exercise CD 9:30 Chair Yoga DVD 1:00 Rummikub 3:30 Women's Bible Study	18 9:00 Morning Coffee 10:00 Catholic Communion 1:00 Bingo with Julie 2:00 Wii Bowling 3:30 First UCC	19 9:00 Morning Coffee w/ Pastry 8:30 Sit & Be Fit Chair Exercise CD 9:30 Chair Yoga DVD 12:00-2:00 PINES CAMPUS ANNIVERSARY PARTY-OUTDOOR	20 9:00 Morning Coffee Badgers vs Maryland TTBD
21 12:00 Packers vs Cleveland Browns (FOX)	22 9:00 Morning Coffee 8:30 Sit & Be Fit Chair Exercise CD 9:30 Chair Yoga DVD 1:00 Games	23 9:00 Morning Coffee 2:00 Happy Hour	24 9:00 Morning Coffee 8:30 Sit & Be Fit Chair Exercise CD 9:00 Bible Study with Julie 9:30 Chair Yoga DVD 1:00 Rummikub 3:30 Women's Bible Study	25 9:00 Morning Coffee **9:40 Catholic Communion 2:00 Wii Bowling	26 9:00 Morning Coffee w/ Pastry 8:30 Sit & Be Fit Chair Exercise CD 9:30 Chair Yoga DVD 1:00 Canasta & Chickenfoot	27 9:00 Morning Coffee Badgers Bye
28 7:20 Packers vs Dallas Cowboys (NBC)	29 9:00 Morning Coffee 8:30 Sit & Be Fit Chair Exercise CD 9:30 Chair Yoga DVD 1:00 Games	30 9:00 Morning Coffee 4:30 Game Night				