

Sun

Mon

Tue

Wed

Thu

Fri

Sat

		<p><i>1</i>  <b>9:00 Morning Coffee</b>  <b>1:00 Scam Presentation</b></p>	<p><i>2</i>  <i>9:00 Fire Alarm Testing</i>  <b>9:00 Morning Coffee</b>  <b>8:30 Sit &amp; Be Fit Chair Exercise CD</b>  <b>9:30 Chair Yoga DVD</b>  <b>1:00 Rummikub</b>  <b>3:00 March / April Birthday Celebrations</b></p>	<p><i>3</i>  <i>*Mix it up at Lunch</i>  <b>9:00 Morning Coffee</b>  <b>10:00 Catholic Mass at Pines Assisted</b>  <b>2:00 Wii Bowling</b>  <b>3:30 Blackhawk Church</b></p>	<p><i>4</i>  <b>9:00 Morning Coffee w/ Pastry</b>  <b>8:30 Sit &amp; Be Fit Chair Exercise CD</b>  <b>9:30 Chair Yoga DVD</b>  <b>1:00 Canasta &amp; Chickenfoot</b></p>	<p><i>5</i></p>
<p><i>6</i></p>	<p><i>7</i>  <b>9:00 Morning Coffee</b>  <b>8:30 Sit &amp; Be Fit Chair Exercise CD</b>  <b>9:30 Chair Yoga DVD</b>  <b>1:00 Games</b></p>	<p><i>8</i>  <b>9:00 Morning Coffee</b>  <b>8:00 Wellness Clinic</b>  <b>1:00 Trivia</b></p>	<p><i>9</i>  <b>9:00 Morning Coffee</b>  <b>10:00 Catholic Communion</b>  <b>8:30 Sit &amp; Be Fit Chair Exercise CD</b>  <b>9:30 Chair Yoga DVD</b>  <b>1:00 Rummikub</b></p>	<p><i>10</i>  <b>9:00 Morning Coffee</b>  <b>2:00 Wii Bowling</b>  <b>3:30 St John's Lutheran Church</b></p>	<p><i>11</i>  <b>9:00 Morning Coffee w/ Pastry</b>  <b>8:30 Sit &amp; Be Fit Chair Exercise CD</b>  <b>9:30 Chair Yoga DVD</b>  <b>1:00 Canasta &amp; Chickenfoot</b></p>	<p><i>12</i></p>
<p><i>13</i></p>	<p><i>14</i>  <b>9:00 Morning Coffee</b>  <b>8:30 Sit &amp; Be Fit Chair Exercise CD</b>  <b>9:30 Chair Yoga DVD</b>  <b>1:00 Games</b></p>	<p><i>15</i>  <b>9:00 Morning Coffee</b>  <b>8:45 Walmart Trip</b>  <b>3:00 Happy Hour-Kelly will demonstrate a Couple of Different Ways to Dye Easter Eggs</b></p>	<p><i>16</i>  <b>9:00 Morning Coffee</b>  <b>8:30 Sit &amp; Be Fit Chair Exercise CD</b>  <b>9:30 Chair Yoga DVD</b>  <b>1:00 Rummikub</b></p>	<p><i>17</i>  <i>*Mix it up at Lunch</i>  <b>9:00 Morning Coffee</b>  <b>10:00 Catholic Communion</b>  <b>1:00 Bingo with Julie</b>  <b>2:00 Wii Bowling</b>  <b>3:30 Baptist Church Service</b></p>	<p><i>18</i>  <b>9:00 Morning Coffee w/ Hot Cross Buns</b>  <b>8:30 Sit &amp; Be Fit Chair Exercise CD</b>  <b>9:30 Chair Yoga DVD</b>  <b>1:00 Canasta &amp; Chickenfoot</b></p>	<p><i>19</i></p>
<p><i>20</i></p> 	<p><i>21</i>  <b>9:00 Morning Coffee</b>  <b>8:30 Sit &amp; Be Fit Chair Exercise CD</b>  <b>9:30 Chair Yoga DVD</b>  <b>1:00 Games</b></p>	<p><i>22</i>  <b>9:00 Morning Coffee</b>  <b>1:00 Left, Right, Center</b></p>	<p><i>23</i>  <b>9:00 Morning Coffee</b>  <b>8:30 Sit &amp; Be Fit Chair Exercise CD</b>  <b>9:00 Bible Study with Julie</b>  <b>9:30 Chair Yoga DVD</b>  <b>1:00 Rummikub</b></p>	<p><i>24</i>  <b>9:00 Morning Coffee</b>  <b>10:00 Catholic Communion</b>  <b>2:00 Wii Bowling</b>  <b>3:30 No Church Service</b></p>	<p><i>25</i>  <b>9:00 Morning Coffee w/ Pastry</b>  <b>8:30 Sit &amp; Be Fit Chair Exercise CD</b>  <b>9:30 Chair Yoga DVD</b>  <b>1:00 Canasta &amp; Chickenfoot</b></p>	<p><i>26</i></p>
<p><i>27</i></p>	<p><i>28</i>  <b>9:00 Morning Coffee</b>  <b>8:30 Sit &amp; Be Fit Chair Exercise CD</b>  <b>9:30 Chair Yoga DVD</b>  <b>1:00 Games</b></p>	<p><i>29</i>  <b>9:00 Morning Coffee</b>  <b>5:00 Game Night</b></p>	<p><i>30</i>  <b>9:00 Morning Coffee</b>  <b>8:30 Sit &amp; Be Fit Chair Exercise CD</b>  <b>9:30 Chair Yoga DVD</b>  <b>1:00 Rummikub</b></p>			