

Sun	Mon	Tue	Wed	Thu	Fri	Sat
<p><i>Please note....there have been several changes to the church schedule in April.</i></p>	<p>1 9:00 Morning Coffee 8:30 Sit &amp; Be Fit Chair Exercise CD 9:30 Chair Yoga DVD 1:00 Games</p>	<p>2 9:00 Morning Coffee  <i>Kelly Off</i></p>	<p>3 9:00 Fire Alarm Testing 9:00 Morning Coffee 8:30 Sit &amp; Be Fit Chair Exercise CD 9:30 Chair Yoga DVD 1:00 Rummikub</p>	<p>4 9:00 Morning Coffee 10:50 Catholic Communion 2:00 Wii Bowling 3:30 No Church Service</p>	<p>5 9:00 Morning Coffee w/ Pastry 8:30 Sit &amp; Be Fit Chair Exercise CD 9:30 Chair Yoga DVD 1:00 Canasta</p>	6
7	<p>8 9:00 Morning Coffee 8:30 Sit &amp; Be Fit Chair Exercise CD 9:30 Chair Yoga DVD 1:00 Games 5:00 Movie-TBD</p>	<p>9 9:00 Morning Coffee 1:00 Trivia</p>	<p>10 9:00 Morning Coffee 8:30 Sit &amp; Be Fit Chair Exercise CD 9:30 Chair Yoga DVD 1:00 Rummikub</p>	<p>11 9:00 Morning Coffee 9:00 Walmart Shopping 10:20 Catholic Communion 2:00 Wii Bowling</p>	<p>12 9:00 Morning Coffee w/ Pastry 8:30 Sit &amp; Be Fit Chair Exercise CD 9:30 Chair Yoga DVD 1:00 Canasta</p>	13
14	<p>15 9:00 Morning Coffee 8:30 Sit &amp; Be Fit Chair Exercise CD 9:30 Chair Yoga DVD 1:00 Games</p>	<p>16 9:00 Morning Coffee 8:30—Wellness Clinic</p>	<p>17 9:00 Morning Coffee 8:30 Sit &amp; Be Fit Chair Exercise CD 9:30 Chair Yoga DVD 10:20 Catholic Communion 1:00 Rummikub</p>	<p>18 9:00 Morning Coffee 1:00 Bingo with Julie 2:00 Wii Bowling 2:45 Blackhawk Church</p>	<p>19 9:00 Morning Coffee w/ Pastry 8:30 Sit &amp; Be Fit Chair Exercise CD 9:30 Chair Yoga DVD 1:00 Canasta</p>	20
21	<p>22 9:00 Morning Coffee 8:30 Sit &amp; Be Fit Chair Exercise CD 9:30 Chair Yoga DVD 1:00 Games</p>	<p>23 1:00 Left, Right, Center 3:00 April Birthday Celebrations</p>	<p>24 9:00 Morning Coffee 8:30 Sit &amp; Be Fit Chair Exercise CD 9:00 Bible Study with Julie 9:30 Chair Yoga DVD 1:00 Rummikub</p>	<p>25 9:00 Morning Coffee 10:20 Catholic Communion 2:00 Wii Bowling 3:30 No Church Service</p>	<p>26 9:00 Morning Coffee w/ Pastry 8:30 Sit &amp; Be Fit Chair Exercise CD 9:30 Chair Yoga DVD 1:00 Canasta</p>	27
28	<p>29 9:00 Morning Coffee 8:30 Sit &amp; Be Fit Chair Exercise CD 9:30 Chair Yoga DVD 1:00 Games</p>	<p>30 9:00 Morning Coffee 5:00 Game Night</p>				