



Sun	Mon	Tue	Wed	Thu	Fri	Sat
					<i>1</i> 9:00 Morning Coffee w/ Pas-try 8:30 Sit & Be Fit Chair Exer-cise CD 9:30 Chair Yoga DVD 1:00 Canasta	<i>2</i>
<i>3</i>	<i>4</i> 9:00 Morning Coffee 8:30 Sit & Be Fit Chair Exer-cise CD 9:30 Chair Yoga DVD 1:00 Games 5:00 Movie-Adeline	<i>5</i> 9:00 Morning Coffee 1:00 –Trivia	<i>6</i> 9:00 Fire Alarm Testing 9:00 Morning Coffee 8:30 Sit & Be Fit Chair Exer-cise CD 9:30 Chair Yoga DVD 1:00 Rummikub	<i>7</i> 9:00 Morning Coffee 9:00 Walmart Shopping 10:00 Catholic Mass at Pines 2:00 Wii Bowling	<i>8</i> 9:00 Morning Coffee w/ Pas-try 8:30 Sit & Be Fit Chair Exer-cise CD 9:30 Chair Yoga DVD 1:00 Canasta	<i>9</i>
<i>10</i> 	<i>11</i> 9:00 Morning Coffee 8:30 Sit & Be Fit Chair Exer-cise CD 9:30 Chair Yoga DVD 1:00 Games	<i>12</i> 9:00 Morning Coffee 8:00 –10:15 *Wellness Clinic 10:45 Outing Number 1 Kitchen 6:30 Aging In God's Grace	<i>13</i> 9:00 Morning Coffee 8:30 Sit & Be Fit Chair Exer-cise CD 9:30 Chair Yoga DVD 1:00 Rummikub Kelly Off	<i>14</i> 9:00 Morning Coffee 10:10 Catholic Communion 2:00 Wii Bowling 3:30 St John's Lutheran Church  4:00 Mini Pie Baking	<i>15</i> 9:00 Morning Coffee w/ Pas-try 8:30 Sit & Be Fit Chair Exer-cise CD 9:30 Chair Yoga DVD 1:00 Canasta	<i>16</i>
<i>17</i> 2:00 Cookies & Coffee in the Dining Room Happy St Patrick's Day!	<i>18</i> 9:00 Morning Coffee 8:30 Sit & Be Fit Chair Exer-cise CD 9:30 Chair Yoga DVD 1:00 Games	<i>19</i> 9:00 Morning Coffee 1:00 Left, Right, Center 3:00 March Birthday Celebrations	<i>20</i> *9:00 Outing Shoebox 9:00 Morning Coffee 8:30 Sit & Be Fit Chair Exer-cise CD 9:30 Chair Yoga DVD 1:00 Rummikub	<i>21</i> 9:00 Morning Coffee 10:10 Catholic Communion 1:00 Bingo with Julie 2:00 Wii Bowling 3:30 Blackhawk Church	<i>22</i> 9:00 Morning Coffee w/ Pas-try 8:30 Sit & Be Fit Chair Exer-cise CD 9:30 Chair Yoga DVD 1:00 Canasta	<i>23</i>
<i>24</i>	<i>25</i> 9:00 Morning Coffee 8:30 Sit & Be Fit Chair Exer-cise CD 9:30 Chair Yoga DVD 1:00 Games	<i>26</i> 9:00 Morning Coffee Decorate an Easter Egg 5:00 Game Night	<i>27</i> 9:00 Morning Coffee 8:30 Sit & Be Fit Chair Exer-cise CD 9:00 Bible Study with Julie 9:30 Chair Yoga DVD 1:00 Rummikub	<i>28</i> 9:00 Morning Coffee 10:10 Catholic Communion 2:00 Wii Bowling 3:30 St John's Lutheran Church	<i>29</i> 9:00 Morning Coffee w/ Pas-try 8:30 Sit & Be Fit Chair Exer-cise CD 9:30 Chair Yoga DVD 1:00 Canasta	<i>30</i>
<i>31</i> 